

Fruit to Root

Unhealthy fruits

What am I feeling/
experiencing?

Who am I?

What do my feelings/
behaviors show about what I
believe about myself?

Who is god to me?

What does this show about the
false god I believe in?

Confession of Sin

Root to Fruit

Fruits of the Spirit

How can I
respond now?

Who am I?

In light of what God has done,
who am I?

Who is God?

What are truths/ promises about
God's character in the Bible?

Confession of Faith

Who am I?

Who is God?

Repentance

